

# Lesbian SACRED SEX Tantra WEEKEND

Registration

**Dates:** October 15-17, 2004

**Time:** Fri. 6pm-10pm, Sat. 10am-5pm, Sun. 10am-4pm

**Cost:** \$695 couple \$350 single  
(\$150 nonrefundable deposit included.)

Full payment is due 30 days prior to the workshop.

**Where:** Casa Madrona Hotel & Spa, Sausalito, CA  
801 Bridgeway Sausalito, CA 94965 (North Bay area)

A block of rooms have been reserved for the WSC.  
Please contact the Casa Madrona directly.

**Hotel Information:** Call (415) 354-8326  
emunoz@casamadrona.com (for room reservations)  
www.casamadrona.com

Name(s): \_\_\_\_\_

Single  Couple

Phone: (day) \_\_\_\_\_ (night) \_\_\_\_\_

Email: \_\_\_\_\_

Fax: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

check enclosed.   

Credit card:  Visa  Mastercard  Amex

No. \_\_\_\_\_ Exp. \_\_\_\_\_

**Register Online: [www.womensexualitycenter.com](http://www.womensexualitycenter.com)  
or Fax in your registration to 805.569.0955**

Cancellation Policy: Deposit is nonrefundable. If you cancel 2 weeks or more prior to workshop start date, your cancellation fee is \$100 per person. If you cancel less than 2 weeks prior, your fee is nonrefundable.

The Women's Sexuality Center is devoted to the sexual empowerment and fulfillment of women through education, healing and support.

**Founded in 1993 by Pamela Madison**



Pamela Madison is a licensed acupuncturist and sex educator. She has been teaching sexual empowerment programs and tantric trainings to individuals, couples and groups for the past eleven years.

#### ABOUT THE WSC

##### Our Services:

Classes & Workshops

Community Events

Extensive Lending Library

Tonic Bar

Consultation & Private Trainings

##### Our Boutique:

Shop online or visit our

Santa Barbara store.

Open Mon-Sat, 10-6  
and by appointment.

**[www.womensexualitycenter.com](http://www.womensexualitycenter.com)**

**805.563.1071 or 1-866-QTANTRA**

[info@womensexualitycenter.com](mailto:info@womensexualitycenter.com)

30 W. Mission Suite 8, Santa Barbara, CA 93101

I am thrilled that Pamela is bringing this workshop to the Bay Area.

I give it my highest recommend!

—STACI HAINES, *author*  
**The Survivor's Guide to Sex**

**womensexualitycenter**  
SANTA BARBARA CALIFORNIA

PRESENTS

# Lesbian SACRED SEX Tantra WEEKEND



**OCTOBER 15-17, 2004**

**SAN FRANCISCO**

# CREATE Sexual Intimacy

*Many couples today want more connection and passion*

To achieve ecstatic lovemaking you must not only develop skills, but *qualities* that can make you a great and intimate lover.

The Lesbian Tantra Weekend will teach you precise and powerful techniques of the tantric sexual arts as both a giver and receiver.

in their loving...yearning to take relationship to its highest potential of sexual and spiritual fulfillment. Yet sometimes our desire for such greatness is blocked by inner obstacles, cultural taboos and painful sexual histories. Despite our attempts at creating the relationship we want and expressing our sexuality with power and freedom, we are not able to get beyond these blocks. In our workshop, you will journey through the emotional and physical terrain that leads to personal sexual wholeness, greater orgasmic ability and sexual/spiritual union.

## YOU WILL LEARN

- Six keys to increasing orgasmic energy.
- Breathing exercises and meditations to heighten awareness of the energy centers of the body (Chakras).
- How to stimulate the g-spot for relaxation, healing or arousal.
- Exercises and rituals to create your “practice”—daily, weekly and monthly sexual practices to nurture and develop all aspects of a loving, sexual relationship.
- Create a sacred space for your practice of sexual loving.
- How to reestablish connection after an emotional or physical separation.
- How to stay present, focused and relaxed while in a state of intense pleasure and excitement.
- Advanced cunnilingus techniques.
- The ability to get aroused more quickly and fully—and experience whole-body orgasms and even multiple orgasms.
- Tantra for singles: solo practices and preparing for partnership.

*Note: Workshop contains no nudity or sexually explicit demonstrations or exchanges, however, optional home play will be assigned throughout the workshop.*